

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>AM Snack: Whole Grain Cereal, Milk</p> <p>PM Snack: Apple Oat Bun & Fresh Fruit</p>	<p>AM Snack: Coconut Oatmeal Bar</p> <p>PM Snack: Whole Wheat Naan, Edamame & Green Pea Spread</p>	<p>AM Snack: Whole Grain Blueberry Scone, Blueberry & Apple 100% Fruit Puree</p> <p>PM Snack: Fresh Fruit, Whole Grain Sundried Tomato & Basil Crackers</p>	<p>AM Snack: Whole Grain Raisin Bread, Cinnamon Spread</p> <p>PM Snack: Fresh Vegetables, Pretzel Roll</p>	<p>AM Snack: Yogurt, Fresh Fruit</p> <p>PM Snack: Vegan Oatmeal Cranberry Cookie, Dragon Fruit & Apple 100% Fruit Puree</p>
WEEK 2	<p>AM Snack: Whole Grain Cereal, Milk</p> <p>PM Snack: Yummy Tropical Fruit & Veg Salsa, Multigrain Pita Crackers</p>	<p>AM Snack: Waffles, Raspberry Crumble 100% Fruit Puree</p> <p>PM Snack: Fresh Fruit, Whole Grain Cheese Bite Crackers</p>	<p>AM Snack: Whole Grain Apple Cinnamon Cereal Mix, Fresh Fruit & Milk</p> <p>PM Snack: Whole Grain Strawberry Banana Oat Loaf, Acai Berry & Apple 100% Fruit Puree</p>	<p>AM Snack: Whole Wheat English Muffin, Yummy Sweet Peach Mango Bean Spread</p> <p>PM Snack: Yogurt, Multigrain Trail Mix</p>	<p>AM Snack: Whole Grain Everything Morning Toast Crackers, Hard Boiled</p> <p>PM Snack: Fresh Carrots, Mini Pizza Swirl</p>
WEEK 3	<p>AM Snack: Whole Grain Cereal, Milk</p> <p>PM Snack: Blueberry Oat Bun, Fresh Fruit</p>	<p>AM Snack: Fruit & Oatmeal Bar</p> <p>PM Snack: Garlic Naan Yummy Tomato Bruschetta</p>	<p>AM Snack: Whole Grain Cinnamon Scone, Pumpkin & Apple 100% Fruit Puree</p> <p>PM Snack: Fresh Fruit, Spice Snaps</p>	<p>AM Snack: Whole Grain Cranberry Bread, Very Berry Spread</p> <p>PM Snack: Fresh Vegetables, Pretzel Roll</p>	<p>AM Snack: Yogurt, Fresh Fruit</p> <p>PM Snack: Vegan Oatmeal Date Cookies, Unsweetened Applesauce</p>
WEEK 4	<p>AM Snack: Whole Grain Cereal, Milk</p> <p>PM Snack: Yummy Tropical Fruit & Veg Salsa, Multigrain Pita Crackers</p>	<p>AM Snack: Waffles, Maple & Apple 100% Fruit Puree</p> <p>PM Snack: Fresh Fruit, Whole Grain Triscuit</p>	<p>AM Snack: Whole Grain Apple Cinnamon Cereal Mix, Fresh Fruit, Milk</p> <p>PM Snack: Whole Grain Carrot Spice Loaf, Pear & Apple 100% Fruit Puree</p>	<p>AM Snack: Whole Wheat English Muffin, Yummy Sweet Peach Mango Bean Spread</p> <p>PM Snack: Yogurt, Multigrain Trail Mix</p>	<p>AM Snack: Cracked Wheat Crackers, Dill-ish Egg Salad</p> <p>PM Snack: Fresh Carrots, Mini Pizza Swirl</p>



*Indicates dark green and/or dark orange vegetable offered daily.

Water is available at all times.

Fresh fruit may vary depending on the season, please refer to daily substitution summary for fresh fruit/changes.

Menu approved by a registered Dietician.