

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>AM Snack: Whole grain cereal, milk</p> <p>PM Snack: Southwestern salsa, multigrain pita crisps</p>	<p>AM Snack: Vegan brioche bread, dragon fruit & berry spread</p> <p>PM Snack: Fresh fruit, whole grain parmesan Triscuits</p>	<p>AM Snack: Whole grain apple cereal mix, fresh fruit, milk</p> <p>PM Snack: Whole grain mixed berry loaf, apple & papaya 100% fruit puree</p>	<p>AM Snack: Whole grain lemon scones, apple, berry, cherry 100% fruit puree</p> <p>PM Snack: Yogurt, multigrain trail mix</p>	<p>AM Snack: Strawberry & raspberry oat bar</p> <p>PM Snack: Fresh vegetables, spinach & feta swirls</p>
WEEK 2	<p>AM Snack: Whole grain cereal, milk</p> <p>PM Snack: Tangy Twist Hummus, whole wheat naan</p>	<p>AM Snack: Waffles, chunky tropical 100% fruit puree</p> <p>PM Snack: Fresh fruit, whole grain spinach & garlic crackers</p>	<p>AM Snack: Whole wheat english muffin, Yummy sweet peach mango bean spread</p> <p>PM Snack: Vegan oatmeal banana cookie, dragon fruit & apple 100% fruit puree</p>	<p>AM Snack: Yogurt, fresh fruit</p> <p>PM Snack: Potato & scallion roll, fresh carrots</p>	<p>AM Snack: Marble cheese slice, cracked wheat crackers</p> <p>PM Snack: Apple oat bun, fresh fruit</p>
WEEK 3	<p>AM Snack: Whole grain cereal, milk</p> <p>PM Snack: Garden salsa, multigrain pita crisps</p>	<p>AM Snack: Vegan brioche bread, strawberry spread</p> <p>PM Snack: Fresh fruit, whole grain vegetable crackers</p>	<p>AM Snack: Whole grain apple cereal mix, fresh fruit, milk</p> <p>PM Snack: Whole grain zucchini loaf, blueberry apple 100% fruit puree</p>	<p>AM Snack: Whole grain cranberry scones, apple & raspberry crumble 100% fruit puree</p> <p>PM Snack: Yogurt, multigrain trail mix</p>	<p>AM Snack: Lemon coconut oat bar</p> <p>PM Snack: Fresh vegetables, mini pizza swirls</p>
WEEK 4	<p>AM Snack: Whole grain cereal, milk</p> <p>PM Snack: Yummy tomato bruschetta, garlic naan</p>	<p>AM Snack: Waffles, chunky tropical 100% fruit puree</p> <p>PM Snack: Fresh fruits, spice snaps</p>	<p>AM Snack: Whole wheat english muffin, Yummy raspberry pear bean spread</p> <p>PM Snack: Vegan oatmeal date cookie, unsweetened applesauce</p>	<p>AM Snack: Yogurt, fresh fruit</p> <p>PM Snack: Potato & scallion roll, fresh carrots</p>	<p>AM Snack: Marble cheese slice, everything morning toast crackers</p> <p>PM Snack: Blueberry oat bun, fresh fruit</p>

*Indicates dark green and/or dark orange fruit or vegetable offered daily.

Water is available at all times. Milk is served with lunch and snacks.

Fresh fruit may vary depending on the season, please refer to daily substitution summary for fresh fruit/changes.

Menu approved by a registered Dietician.

